



## Republic of the Philippines Cebu Normal University Osmeña Blvd., Cebu City, 6000, Philippines

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Education Supervisor II

Effective: AY 2024-2025 (1st Sem)
Date: July 8, 2024

# BACHELOR OF PHYSICAL EDUCATION CMO No. 80., s 2017 BOR Res. No. 186, s. 2023 Effectivity AY: 2024-2025

FIRST YEAR

FIRST SEMESTER			SECOND SEMESTER			
Course No.	Descriptive Title	Units	Course No.	Descriptive Title	Units	
GE LOG	Logic	3	GE US	Understanding the Self	3	
EDUC 1	The Child and Adolescent Learners and Learning Principles	3	GE WF	Wikang Filipino para sa Kolehiyo	3	
EDUC 2	Foundation of Special and Inclusive Education	3	EDUC 4	Building and Enhancing New Literacies across the Curriculum	3	
EDUC 3	Technology for Teaching and Learning 1	3	EDUC 5	Facilitating Learner-Centered Teaching	3	
BPEd 101	Philo-Anthro Foundations of PE & Sports	3	BPEd 103	Physiology of Exercise & Physical Activity	3	
BPEd 102	Anatomy & Physiology of Human Movement	3	BPEd 104	Principles of Motor Control & Learning of Exercise, Sports & Dance	3	
PATHFIT 1	Movement Competency Training	2	PATHFIT 2	Exercise-based Fitness Activities	2	
NSTP 1	National Service Training Program 1	3	NSTP 2	National Service Training Program 2	3	
	Total Units	23		Total Units	23	

#### SECOND YEAR

FIRST SEMESTER			SECOND SEMESTER			
Course No.	Descriptive Title	Units	Course No.	Descriptive Title	Units	
GE PC	Purposive Communication	3	GE MMW	Mathematics in the Modern World	3	
GE RPH	Readings in Philippine History	3	GE CW	The Contemporary World	3	
GE ETH	Ethics	3	EDUC 8	Assessment in Learning 2	3	
EDUC 6	The Teaching Profession	3	EDUC 9	Educational Research	3	
EDUC 7	Assessment in Learning 1	3	BPEd 108	Movement Education	3	
BPEd 105	Philippine Traditional Dances	3	BPEd 109	Curriculum & Assessment of PE & Health Ed.	3	
BPEd 106	Philippine Traditional Games (and Sports)	3	BPEd 110	Individual/Dual/Combative Sports	3	
BPEd 107	Applied Motor Control & Learning of Exercise, Sports & Dance	3	BPEd 111	International Dance and Its Forms	3	
PATHFIT 3	Physical Activities Towards Health and Fitness 3	2	PATHFIT 4	Physical Activities Towards Health and Fitness 4	3	
	Total Units	26		Total Units	26	

## THIRD YEAR

FIRST SEMESTER			SECOND SEMESTER			
Course No.	Descriptive Title	Units	Course No.	Descriptive Title	Units	
GE AA	Art Appreciation	3	GE ELECT	Literatures of the World	3	
EDUC 10	Field Study 1	3	EDUC 12	Field Study 2	3	
EDUC 11	The Teacher and the School Curriculum	3	EDUC 13	The Teacher and the Community, School Culture and	3	
				Organizational Leadership		
BPEd 112	Personal, Community & Environmental Health	3	BPEd 118	Sports & Exercise Psychology	3	
BPEd 113	Emergency Preparedness & Safety Management	3	BPEd 119	Swimming & Aquatics	3	
BPEd 114	Research in PE & Health 1	3	BPEd 120	Tech. Application in PE & Health Ed	3	
BPEd 115	Coordinated School Health Program	3	BPEd 121	Team Sports	3	
BPEd 116	Drug Ed., Consumer Health Ed. & Healthy Eating	3	BPEd 122	Research in PE & Health 2	3	
BPEd 117	Adapted Physical Education	3	BPEd 123	Process of Teaching PE and Health	3	
	Total Units	27		Total Units	27	

## FOURTH YEAR

FIRST SEMESTER			SECOND SEMESTER		
Course No.	Descriptive Title	Units	Course No.	Descriptive Title	Units
GE LWR	The Life and Works of Rizal	3	EDUC 15	Teaching Internship	6
GE STS	Science, Technology and Society	3		Nanaga ana ang ang ang ang ang ang ang an	
GE PF	Panitikan ng Pilipinas	3			
EDUC 14	Trends and Issues in Education	3			
BPEd 124	Elective 1 (Music in the K-12 Curriculum)	3			
BPEd 125	Elective 2 (Arts in the K-12 Curriculum)	3			
	Total Units	18		Total Units	6

Total Credit Units: 179



Certification Date 24 January 2024 Recertification due date 24 January 2027 For verification of the certificate please access (Certification check and type the registration number)



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