



**DEGREE PROGRAM: BACHELOR OF SCIENCE IN NURSING**  
**COURSE GUIDE**

CMO 15, s. 2017

Starting Academic Year 2018 – 2019

FIRST YEAR, FIRST SEMESTER					
<b>Level 1 Outcome:</b> At the end of the first year, given the simulated situations in selected settings, the learners demonstrate basic nursing skills in rendering safe and appropriate care utilizing the nursing process.					
*Course No	**Descriptive Title	***Units		****Pre – requisite/s	*****No. of Hours for Self-Directed Learning (20-30% of Total RLE hours)
		Lec	Lab		
GE 1	Understanding the Self	3			
GE 2	Readings in the Philippine History	3			
GE 3	Art Appreciation	3			
Fil 1	Wika ng Filipino	3			
PE 1	Physical Education 1	2			
NSTP 1	National Service Training Program	3			
HA 1	Biochemistry	3	2		
HA 2	Anatomy and Physiology	3	2		
NCM 100	Theoretical Foundation in Nursing	3			
	<b>Total</b>	26	4		
		30			
<b>Total Hours per week:</b> 39-40 hours/week Lecture: 26 X 18 hours = 468 hours Lab: 4 X 51 = 204					
FIRST YEAR, SECOND SEMESTER					
GE 4	Purposive Communication( <i>Technical Writing Integrated</i> )	3			
GE 5	Ethics	3			
Fil 2	Panitikan ng Pilipinas	3		Fil 1	
PE 2	Physical Education 2	2		PE 1	
NSTP 2	National Service Training Program	3		NSTP 1	
NCM 101	Health Assessment	3	2	HA2	20-30 hours
NCM 102	Health Education	3			
NCM 103	Fundamentals of Nursing Practice	3	2	NCM 100	20-30 hours
CN 1	Transcultural Nursing ( <i>integrated CAM</i> )	3			
	<b>Total</b>	26	4		
		30			
<b>Total Hours per week:</b> 39-40 hours/week Lecture: 26 X 18 = 468 Lab: 4 X 51 = 204 Independent study hours: 40-60 hours					

**Legend:**

\* Course Code = number assigned to the subject i.e. GE1

\*\* Descriptive Title = the title to the subject that identifies it from all the other subjects

\*\*\* Units = prescribed number of units for the lecture, laboratory or RLE component of the subject offered in the semester

\*\*\*\* Pre-requisite subject = subjects that the student had to enroll prior to being allowed to enroll in the current subject offering; the subject/s had to be enrolled in the previous semester prior to current enrolment

\*\*\*\*\*Total = total number of units in the semester

\*\*\*\*\*No. of hours for Self-Directed Learning (20 – 30% of total RLE hours)

\*\*\*\*\* Total hours per week

Prepared by:

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SECOND YEAR, FIRST SEMESTER					
<b>Level 2 Outcome:</b> At the end of the second year, given a normal and high risk mother and newborn, child, family, communities and population groups in any health care setting, the learners demonstrate safe, appropriate and holistic care utilizing the nursing process.					
Course No	Descriptive Title	Units		Pre – requisite/s	No. of Hours for Self-Directed Learning (20-30% of Total RLE hours)
		Lec	Lab/ RLE		
PE 3	Physical Education 3	2		PE2	
GE 6	Science, Technology and Society	3			
HA 3	Microbiology and Parasitology	3	1	HA 1	
NCM 104	Health Care Ethics	3		Ethics	
NCM 105	CHN 1: Individual and Family as clients	2	2 (1/1)	NCM 101 & 102	20-30 hours
NCM 106	Care of Mother, Child and Adolescent (well clients)	4	5 (2/3)	HA 2 NCM 102 & 103	51-76 hours
	<b>Total</b>	17	8		
		25			
<b>Total Hours per week:</b> 42 hours/week ( <i>every other week schedule</i> ) Lecture:17 X 18 = 306 Lab: 4 X 51 = 204 RLE: 4 X 51 = 204 Independent study hours: 71-106 hours					
SECOND YEAR, SECOND SEMESTER					
PE 4	Physical Education 4	2		PE3	
NCM 107	Nutrition and Diet Therapy	2	1	HA 1 & 2	
NCM 108	Pharmacology	3		HA 1 – 3	
NCM 109	Care of Mother and Child at risk or with Problems (Acute and Chronic)	6	6 (1/5)	NCM 106	61-91 hours
NCM 110	CHN II: Population groups and Communities as clients	2	1	NCM 105	10-15 hours
	<b>Total</b>	15	8 (2/6)		
		23			
<b>Total Hours per week:</b> 39-40 hours/week ( <i>every other week schedule</i> ) Lecture:15 X 18 = 270 Lab: 2 X 51 = 102 RLE: 6 X 51 = 306 Independent Study hours: 71-106 hours					

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THIRD YEAR, FIRST SEMESTER					
<b>Level 3 Outcome:</b> At the end of the third year, given individuals, families, population groups and communities with physiologic and psychosocial health problems and maladaptive patterns of behavior in varied health care settings, the learners demonstrate safe, appropriate and holistic care utilizing the nursing process and applying research and evidence-based practice.					
Course No	Descriptive Title	Units		Pre – requisite/s	No. of Hours for Self-Directed Learning (20-30% of Total RLE hours)
		Lec	Lab/ RLE		
GE 7	Mathematics in the Modern World (Biostatistics integrated)	3			
GE 8	Contemporary World	3			
Elective 1	Strategies in Nursing Instruction (integrated assessment & facilitating learning)	3		NCM 102 & 103	
CN2	Psychopathophysiology	3		HA 2	
NCM 111	Care of Clients with problems in Oxygenation, F&E, Infectious, Inflammatory and Immunologic Response, Cellular Aberration, Acute and Chronic	8	6 (1/5)	NCM 101, 103, 108, 109	61-91 hours
Total		20	6		
		26			
<b>Total Hours per week:</b> 39-40 hours/week (every other week schedule) Lecture: 20 X 18 = 360 Lab: 1 X 51 = 51 RLE: 5 X 51 = 255 Independent study hours: 61-91 hours					
THIRD YEAR, SECOND SEMESTER					
NCM 112	Nursing Informatics	3			
NCM 113	Nursing Research 1	2	1	GE 7 & NCM104	10-15 hours
NCM 114	Care of Clients with problems in Nutrition and GI Metabolism and Endocrine, Perception and Coordination, Acute and Chronic	5	4 (1/3)	NCM 107, NCM 111	40-61 hours
NCM 115	Care of Clients with Maladaptive Patterns of Behaviors	4	4 (1/3)	NCM 107, NCM 111	40-61 hours
Total		14	9 (3/6)		
		23			
<b>Total Hours per week:</b> 41-42 hours/week (every other week schedule) Lecture: 14 X 18 = 252 Lab: 3 X 51 = 153 RLE: 6 X 51 = 306 Independent Study hours: 90-137 hours					

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FOURTH YEAR, FIRST SEMESTER					
<b>Level 4 Outcome:</b> At the end of the fourth year, given groups of clients with health problems and special needs in varied health care settings, the learners demonstrate safe, appropriate and holistic care utilizing the nursing process and can assume first level entry positions in any field of nursing.					
Course No	Descriptive Title	Units		Pre – requisite/s	No. of Hours for Self-Directed Learning (20-30% of Total RLE hours)
		Lec	Lab/ RLE		
GE 9	The Life and Works of Rizal	3			
NCM 116	Care of Older Person	2	1	NCM 114, NCM 115	10-15 hours
NCM 117	Nursing Research 2 (RLE)	1	2	NCM 113	20-30 hours
NCM 118	Nursing Care of Clients with Life Threatening Conditions/Acutely Ill/multi-organ problems/ high acuity and emergency situations	4	5 (2/3)	NCM 114	51-76 hours
NCM 119	Disaster Nursing	2	1	NCM 114, NCM 115	10-15 hours
		12	9 (5/4)		
		21			
<b>Total Hours per week:</b> 39-40 hours/week ( <i>every other week schedule</i> ) Lecture: 12 X 18 = 216 Lab: 5 X 51 = 255 RLE: 4 X 51 = 204 Independent study hours: 91-136 hours					
FOURTH YEAR, SECOND SEMESTER					
NCM 120	Nursing Leadership and Management	4	3	NCM 118	30-45 hours
NCM 121	Intensive Nursing Practicum (Hospital and Community setting)		8	NCM 118	81-122 hours
Elective 2	The EntrepreNursing	3			
Elective 3	Foreign Languages	3			
	<b>Total</b>	10	11		
		21			
<b>Total Hours per week:</b> 41-42 hours/week ( <i>weekly schedule: 1 day lecture, 5 days RLE</i> ) Lecture: 10 X 18 = 180 RLE: 11 X 3 = 561 Independent Study hours: 111-167 hours					

**Legend:**

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- \*\*\* Units = prescribed number of units for the lecture, laboratory or RLE component of the subject offered in the semester
- \*\*\*\* Pre-requisite subject = subjects that the student had to enroll prior to being allowed to enroll in the current subject offering; the subject/s had to be enrolled in the previous semester prior to current enrolment
- \*\*\*\*\*Total = total number of units in the semester
- \*\*\*\*\*No. of hours for Self-Directed Learning (20 – 30% of total RLE hours)
- \*\*\*\*\* Total hours per week

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